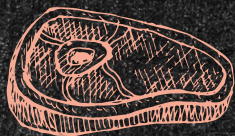




TAKE THE 50% Pledge!

Spend at least 50% of your food dollars on direct purchases from local farmers and artisans; with the remainder of your food dollars, you can celebrate how small the world has become!





TAKE THE *50% Pledge!*



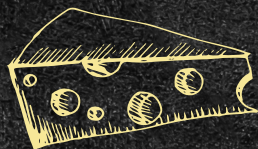
LOCAL DIRECT PURCHASES:

Raw Milk
Raw Cheese
Pork, Beef and Turkey
Charcuterie and Organ Meats
Chicken and Eggs
Fruit and Vegetables
Homemade Soups and Stews
Homemade Desserts
Sourdough Bread
Lacto-Fermented Condiments
Fermented Vegetables
Kombucha

CELEBRATE OUR SMALL WORLD:

Rice
Pineapple
Mango and Papaya
Bananas
Nuts
Pepper
Unrefined Salt
Spices
Heritage Grains
Wild Seafood
Fruit and Vegetables
Breads and Crackers

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IN FOOD, FARMING AND THE HEALING ARTS
Education • Research • Activism

