

## **COVID** FLYER

### MYTHS AND TRUTHS ABOUT COVID

**MYTH** The disease called Covid-19 is just a mild version of the flu.

**TRUTH** Covid-19 can be a very serious disease, especially in those taking inhibitory drugs<sup>1</sup> and those with pre-existing conditions such as diabetes and heart disease. Many symptoms of Covid, including lack of oxygen, fizzing feelings, extreme fatigue, swelling of the extremities, tendency to form clots, and inability to smell or taste, do not occur with ordinary flu.

**MYTH** Covid-19 is caused by a deadly virus.

**TRUTH** Researchers have never properly isolated and characterized any “virus” said to cause disease.<sup>2</sup> “Viruses” do not attack and “take over” our cells from the outside. Rather, extremely small, round bundles of RNA in a protein shell, called exosomes, form *inside* cells when the cells are under stress; these exosomes play helpful roles in detoxification and adjustment to the environment, actually protecting us against disease.<sup>3</sup>

**MYTH** Covid-19 is a contagious disease.

**TRUTH** A study of almost ten million people in Wuhan, China looked at data on almost ten million residents who took part in a screening program between May 14 and June 1, 2020. Out of these, three hundred tested positive but had no symptoms. Researchers followed these cases and noted that out of over one thousand close contacts of the asymptomatic positive cases, they all tested negative and none got sick.<sup>4</sup> Researchers have yet to carry out studies with symptomatic sufferers—to expose sick people to healthy volunteers and see what happens—as public health authorities did for the Spanish flu in 1918. In these studies, not a single healthy person became sick from exposure to those suffering from the Spanish flu.<sup>5</sup>

**MYTH** Masking and lockdowns have helped prevent disease and death.

**TRUTH** States that have not required masking and lockdowns have had the same or lower rates of disease and death compared to those that have required masking and lockdowns.<sup>6</sup> New York, which imposed severe lockdown and masking measures, has a death rate of 274 per 100,000 while Florida, with no statewide masking requirement and only a short lockdown, has a death rate of 183 per 100,000—and Florida has a far higher percentage of elderly and retirees than New York.<sup>7</sup> In Europe, the daily death rates are 50 times higher in Spain, 44 times higher in the U.K., and 22 times higher in France—all countries that

imposed masking and lockdowns—compared to Sweden, which has no lockdown, no masking requirements, open schools and open businesses.<sup>8</sup>

**MYTH** Wearing a mask can protect you against Covid.

**TRUTH** More than a dozen credible medical studies prove that face masks do not work, even in hospital settings!<sup>9</sup> Even if Covid-19 were caused by a virus (which it is not), the pores on the recommended masks are bigger than any virus.<sup>10</sup>

**MYTH** Wearing a mask poses no danger.

**TRUTH** Analysis of face masks worn by children found eleven dangerous pathogens on the masks.<sup>11</sup> Masks also reduce oxygen levels leading to headaches, reduced immunity, hypoxia and brain cell death.<sup>12</sup>

**MYTH** The PCR test can accurately determine the presence of Covid-19.

**TRUTH** The PCR test is designed to identify small samples genetic material through cycles of amplification; it was not designed to detect viruses or diagnose disease.<sup>13</sup> When a sample of nasal material is amplified 40 times, the results are usually positive; when the sample is amplified only 30 times, the results are usually negative.<sup>14</sup> Thus, health officials can stipulate the number of amplification cycles to get the results they want, such as showing that the unvaccinated are testing positive and the vaccinated are testing negative. One Florida lab set the number of cycles so high that 100 percent of the tests came back positive!<sup>15</sup>

**MYTH** About 70 percent of Americans are fully vaccinated.

**TRUTH** The Kaiser Family Foundation reported that as of May 11, 2021, the average vaccine uptake was just 32 percent.<sup>16</sup> Most states have huge inventories of vaccines about to expire—hence the recent push for vaccine mandates.<sup>17</sup>

**MYTH** The Covid vaccine can prevent infection and transmission of SARS-CoV-2.

**TRUTH** In trials for the vaccine, vaccine manufacturers used statistical manipulation to claim that the vaccines had a 50 percent efficacy in preventing serious symptoms. They did not prove that vaccines could prevent infection and transmission.<sup>18</sup> In a July 2021 outbreak in Provincetown, Massachusetts, 74 percent of those infected and diagnosed with Covid-19 were fully vaccinated.<sup>19</sup> The Centers for Disease Control (CDC) then stated that vaccinated individuals can become infected with SARS-CoV-2 and transmit it to others, and said that even vaccinated people should wear masks.<sup>20</sup>

**MYTH** Vaccines for Covid-19 are safe.

**TRUTH** A leaked confidential document reveals that Covid vaccine maker Moderna received 300,000 reports of side effects after just a three-month period following the launch of their vaccine.<sup>21</sup> Side effects are similar to those of Covid-19 itself and include widespread clots, swelling of the extremities, extreme fatigue, fainting, eye disorders including blindness, tumors, kidney problems, skin problems, birth defects, paralysis, stroke, abnormal menstrual bleeding and miscarriage.<sup>22</sup> As of July 18, 2021, the European Union's database shows 17,503 deaths and 1.7 million injured (50 percent seriously) from the vaccines.<sup>23</sup> As of July 23, 2021, U.K. data indicated that fully vaccinated people are 65 percent more likely to be hospitalized and 1540 percent more likely to die from Covid-19 compared to unvaccinated people.<sup>24</sup> In the U.S., as of August 2021, the Vaccine Adverse Event Reporting System (VAERS) has received 13,068 reports of death and 595,622 reports of adverse events following the vaccine.<sup>25</sup> (It's estimated that only about 1-10 percent of deaths and reactions are reported to VAERS.) About 360,000 teens age twelve to seventeen have developed myocarditis (swelling of the heart) after vaccination.<sup>26</sup>

**MYTH** Ninety-nine percent of Covid-19 deaths are in the unvaccinated.

**TRUTH** This claim, made by the Associated Press, June 24, hinges on mislabeling everyone who isn't fourteen days past a second dose of vaccine as "unvaccinated." Most vaccine reactions and deaths occur with days of the vaccination, but the article labels these as "unvaccinated." In Israel, nearly 50 percent of new Covid patients are fully vaccinated.<sup>27</sup> Analysis of recent CDC data shows that the number of cases among the vaccinated is 26 percent higher than the unvaccinated, and that 80 percent of the total hospitalized in the U.S. for Covid were vaccinated, while 20 percent were unvaccinated.<sup>28</sup> In the U.K. two-thirds of Delta deaths in the UK are in the vaccinated.<sup>29</sup>

**MYTH** Remdesivir is a good drug to take for Covid-19.

**TRUTH** Promoted by the National Institutes of Health, Remdesivir is a toxic pharmaceutical drug that causes kidney poisoning and other organ damage. Side effects include the lungs filling with fluid—attributed to Covid but actually a dangerous side effect of Remdesivir.<sup>30</sup>

## INGREDIENTS IN COVID VACCINES<sup>31</sup>

**SYNTHETIC RNA** (called mRNA), which causes the cells to create toxic proteins called spike proteins which can self replicate in the body and have damaging effects, especially to the

epithelial cells.<sup>32</sup> This mRNA inactivates tumor-suppressing proteins, meaning it can promote cancer.<sup>33</sup>

**GRAPHENE OXIDE**, nanoparticles that can cause magnetism at the site of the injection as well as oxidative stress, DNA damage, inflammatory response, blood clotting, oxygen loss and necrosis.<sup>34</sup> Discovery of graphene oxide in the vaccines has led some scientists to label them as bioweapons.

**POLYETHYLENE GLYCOL (PEG)**, a type of antifreeze. Over 70 percent of the population has detectable levels of anti-PEG antibodies in the bloodstream,<sup>35</sup> causing hypersensitive reactions to the compound.

**TROMETHAMINE** (tris) with side effects such as fever, allergic reactions, low blood sugar, racing heartbeat, confusion, hunger, weakness, passing out, numbness or tingling, trouble breathing, swelling in the arms and legs, tissue damage and weight gain.

**SODIUM ACETATE** with side effects similar to tromethamine.

**MONOBASIC POTASSIUM PHOSPHATE** can cause blood in the urine, blurred vision, burning, crawling, itching, numbness, prickling, “pins and needles” or tingling feelings, changes in skin color, chest pain or discomfort, confusion, decreased or increased urination, dizziness, irregular heartbeat, fever, mood or mental changes, muscle cramps, nausea, nervousness, numbness and tingling, seizures, sweating, trouble breathing, unusual tiredness or weakness and vomiting

**DIBASIC SODIUM PHOSPHATE DEHYDRATE** can cause permanent impairment of kidney function leading to long-term dialysis.

**POTASSIUM CHLORIDE** is also used as the third drug in the “three-drug cocktail” for executions by lethal injection because it causes cardiac arrest.<sup>36</sup>

## COVID-19 AND THE 5G CONNECTION

Many epidemiological observations and biological studies indicate that the disease called Covid-19 is actually radiation poisoning, caused by exposure to microwaves used in 5G wireless technology.<sup>37</sup>

## **EPIDEMIOLOGY**

Covid-19 first appeared in Wuhan, China when the city turned on 10,000 5G base stations; it “spread” to Spain and Italy as these nations deployed 5G technology; the country with the highest rate of Covid-19 illness and death is San Marino, which has had 5G the longest of any European nation; Covid then appeared in other European countries, in New York and major American cities, then smaller cities and rural areas (now delivered by satellite), and less industrialized countries around the world, exactly following the roll-out of 5G in these locations.

## **BIOLOGY**

Covid-19 and Radiation Injury: The Symptoms are the Same<sup>38</sup>

Fever, chills and dry cough

Loss of taste and smell

Reddening of the extremities (“Covid toes”), sometimes leading to amputation

Acute Respiratory Distress Syndrome (ARDS)

Multi-organ hypercoagulation

Hypoxia (lack of oxygen)

Cardiovascular damage

## HOW TO PROTECT YOURSELF

Minimize exposure to 5G wireless technology; minimize cell phone use; turn off Wifi in the home, at least at night. Reduced exposure is especially important for growing children.

Consume a diet high in saturated fat for robust cell membranes, highly protective against EMF

Consume an organic nutrient-dense diet to ensure high levels of fat-soluble vitamins (A, D, E and K2); vitamin C; all the B vitamins; and minerals like zinc, calcium and iron.

Consume raw whole milk as a source of vitamins, minerals, protective lacto-ferrin<sup>39</sup> and usable glutathione, nature’s most important detoxifying compound.

Avoid processed foods containing refined sweeteners, industrial seed oils, glyphosate and additives like MSG and aspartame.

<sup>1</sup> <https://www.westonaprice.org/health-topics/questioning-covid/>

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