


Nebraska Chapters of the  
**Weston A Price Foundation**




**SALLY  
FALLON  
MORELL**

The Weston A. Price Foundation

**Invite others! Free (with free-will contribution)**

**5:30 pm-9:30 pm**



**Sept 13th, 2021**

**at: The Sower Church**

**2640 R St**

**Lincoln NE**



**The Work of Weston Price and the Basics of  
Nutrient-Dense Diet**

Learn about the pioneering work of Weston A. Price and his studies of healthy non-industrialized peoples. Dr. Price's photographs graphically illustrate the effects of processed foods on human health. Learn what are the characteristics of a healthy diet. Topics include the importance of fat-soluble vitamins, problems with a vegan diet, and the value of pasture-based farming.

**Contact:**

Gus Ponstingl (402) 770-2272, [groggygroggy@yahoo.com](mailto:groggygroggy@yahoo.com), Miranda Sherman (402) 637-8929

