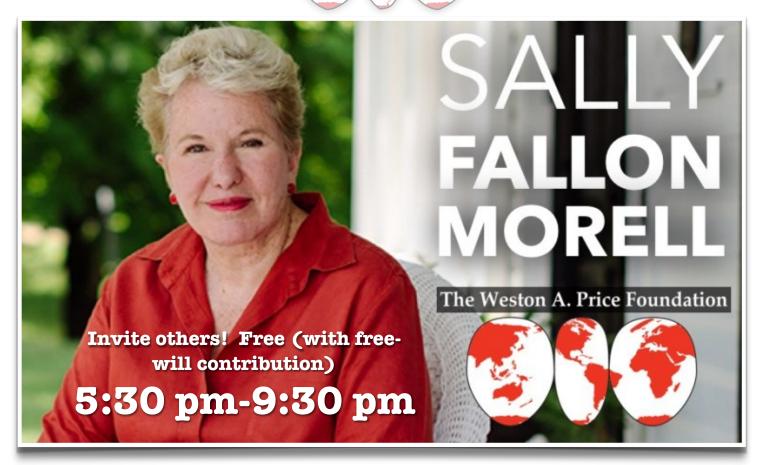
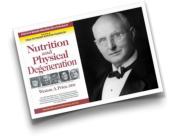
Nebraska Chapters of the Weston A Price Foundation Present:



Sept 13th, 2021

at: The Sower Church 2640 R St Lincoln NE





The Work of Weston Price and the Basics of Nutrient-Dense Diet

Learn about the pioneering work of Weston A. Price and his studies of healthy non-industrialized peoples. Dr. Price's photographs graphically illustrate the effects of processed foods on human health. Learn what are the characteristics of a healthy diet. Topics include the importance of fat-soluble vitamins, problems with a vegan diet, and the value of pasture-based farming.



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