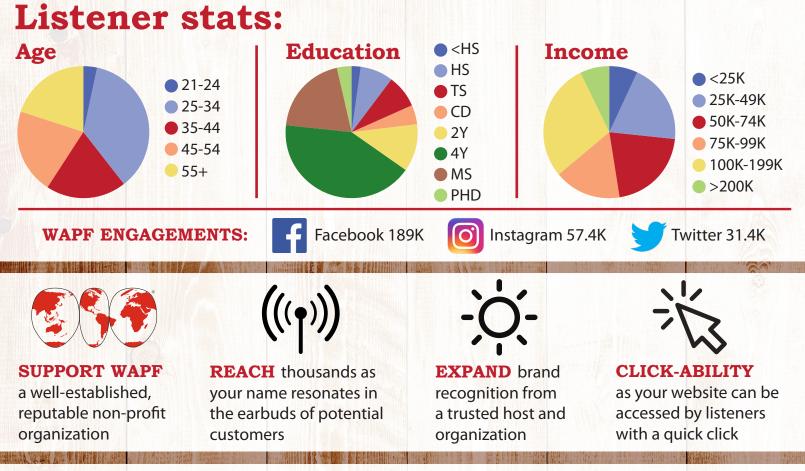


The Wise Traditions Podcast:

Launched in 2016, the Wise Traditions podcast ranks consistently in the top 50 of alternative health podcasts on iTunes and has over 2 million downloads. Thirty minutes in length, each episode features an interview with an influential health and wellness expert, and delivers practical tips for living a vibrant, healthy life.



Listener reviews:

"I have been listening to this podcast since the very beginning and I love it!" –Sven, iTunes "Great host, wide variety of guests, each episode is a good length. Would recommend!" –Julie, iTunes "Llook forward to each new episodel, Lalso appreciate that the Wise Traditions podcasts are not fad diet

*"I look forward to each new episode! I also appreciate that the Wise Traditions podcasts are not fad diet based but traditional wisdom based. :)" –*Sarah, iTunes

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